

beach bits



Food Truck Round Up

Come to Pompano's Old Town for a night of food truck dining, a full bar, live music and so much more. For questions about how to become a vendor, please email info@gourmettruckexpo.com.

WHEN: Friday, Sept. 20 from 6pm to 10pm

WHERE: 41 NE First St., Pompano Beach

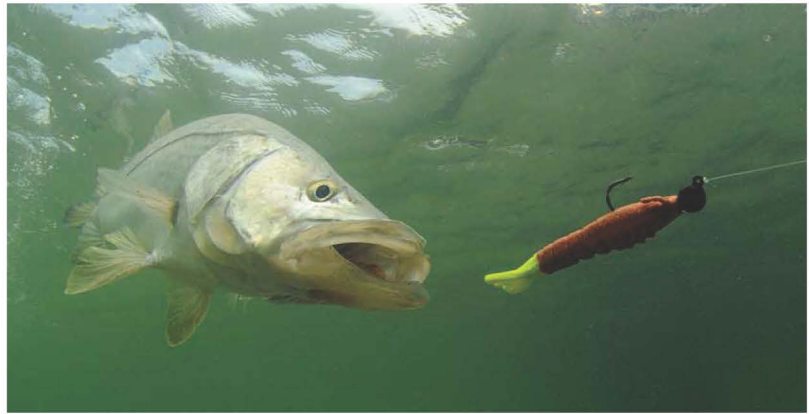
Extreme Seminar Series South Florida Snook

Fishing enthusiasts are welcome to join Chaos Fishing to learn how to find, bait and catch snook. The two-hour long seminar will teach you the ins and outs of snook fishing and gives you the chance to win a Chaos rod.

WHEN: Thursday, Sept. 26 at 7pm; food will be served at 6:30pm

WHERE: Chaos Fishing, 4301 N. Federal Hwy, Pompano Beach

COST: \$20/pp



SUP for Pups

SUP for Pups will be a paddling event like no other. A mix of racing, fundraising, and just flat-out fun, this soon-to-be annual challenge brings together the whole SUP community to encourage healthy lifestyles and raise money for injured rescue dogs and marine life. From pros and amateurs to local ocean athletes, SUP for Pups unites paddlers and fitness enthusiasts with animals in an effort to save lives and clean the ocean.

Among competitive racing, attendees can expect SUP lessons with certified instructors and free SUP rentals to help clean-up the intracoastal waters after the race.

The event is hosted by Salty Dog Paddle, a non-profit organization based in West Palm Beach. For more information, visit saltydogpaddle.org.

WHEN: Sunday, Sept. 1 from 7-10:30am, registration is at 7pm and race starts at 8am;

WHERE: Pioneer Park, 217 NE Fifth Ave., Deerfield Beach

COST: Attendance is free and entry to compete in the challenge is a \$20 donation. First 10 paddlers to sign up will receive a signature Salty Dog Paddle SUP Pup T-Shirt for free.



Island Paws Rescue Charity Golf Tournament

Enjoy an afternoon on the links while raising funds to help animals in need. Participants will also be able to enter various athletic pursuits, including longest drive, horseshoes and closest-to-the-pin contests. Following the event, there will be an awards ceremony and after-party held at Galuppi's Restaurant.

Proceeds from the golf tournament will support Island Paws Rescue's mission of saving the lives of stray dogs and cats throughout South Florida and Bimini.

WHEN: Saturday, Sept. 21; Registration on Galuppi's Patio at 10am; 50/50 putting contest at 10:30am; shotgun start 11am; Awards ceremony and after-party at Galuppi's from 5 to 11pm

WHERE: Pompano Beach Municipal Golf Course, 1101 N. Federal Highway, Pompano Beach

COST: Registration before Sept. 6 is \$100 per golfer or \$400 for a team of four. After Sept. 6, registration is \$125 per golfer or \$500 for a team of four. \$30 donation per non golfer for after party includes food and drink

For more information, contact Johanna Jacobs at 954-661-3899 or info@islandpawsrescue.org or visit islandpawsrescue.org.

Beach Bits contains information originating from other organizations. While every attempt is made to ensure all information is accurate, schedules do change. We recommend confirming events prior to setting out on your adventure.